
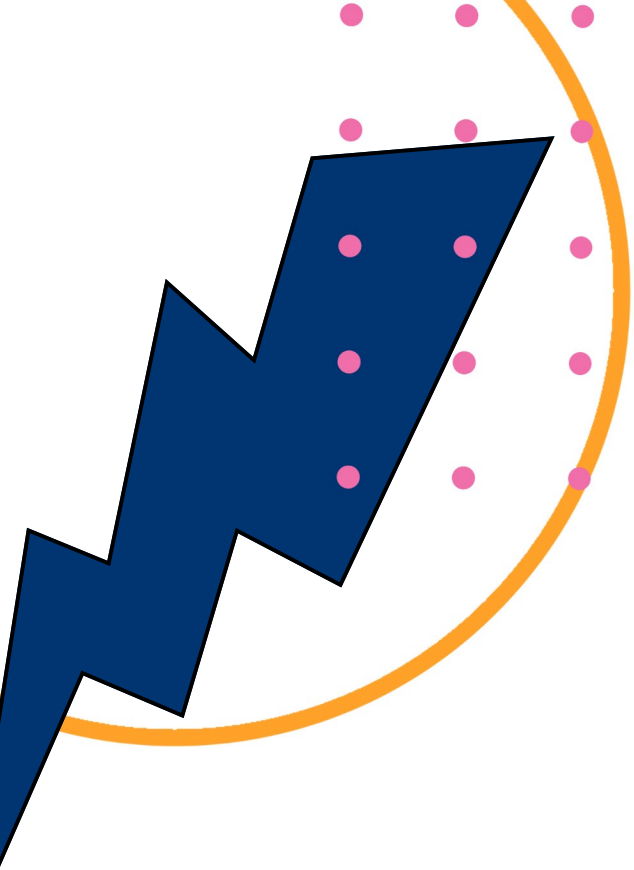

KID  **CITY**

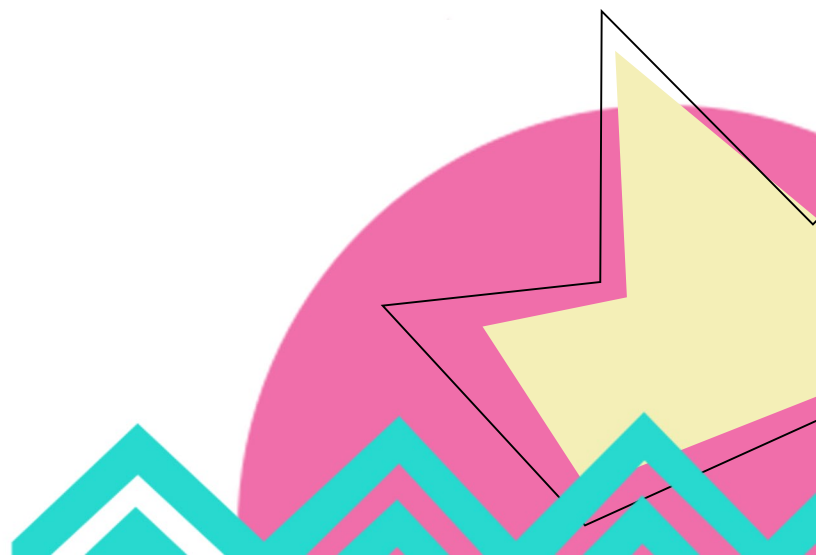
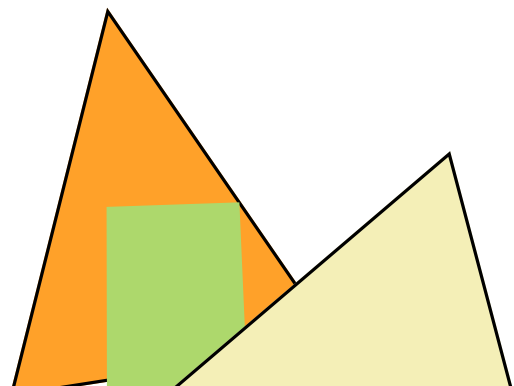
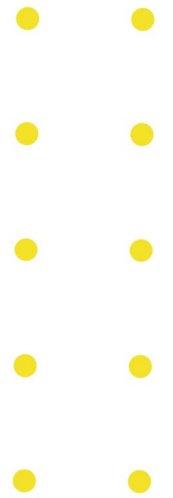
PRAYER

GUIDE





KID CITY



HEY FRIEND,

We are so proud of you as you begin, or continue, **this powerful journey of discovering your own personal prayer life.** Learning what prayer is, how to pray, and the importance of prayer is one of the most important things you can do as a believer in Jesus. From day one, **our church has always set out to be a people of prayer.** We want to pray first in every situation, good or bad, Jesus is always the answer. **He is our best friend** and He is always ready to talk with us. Prayer is not only something we need in our lives; it should be something that we want to do. The more you pray, the more fun and easier it becomes. Praying and talking to **Jesus should be the best part of your day!** We hope you will use this prayer journal to make your prayer life more personal. When you have conversations with Him everyday, you will experience the presence of God, and that will **change your life in the best way possible.**

You can pray:

Before the day begins- Before you go to school - Before you hang out with your friends- Before Practice - Before you play a big game - Before you go to bed - When something bad happens - When something good happens - In every situation **PRAY FIRST!**

We pray blessings over your prayer life, because prayer changes everything.



LIFESTYLE OF PRAYER

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

Mark 1:35



Here is what we see in this scripture:

He prayed EVERYDAY.
He prayed in a CERTAIN PLACE.
He prayed with a PLAN.

2. Place

Jesus went to a certain place to pray. Find a place that you can focus! My favorite place to pray?

3. PLAN

We find in the Bible that whenever Jesus prayed, He also had a plan. He had things on his heart that He wanted to pray for. Name some things you want to pray about.

1. TIME

What time do you like to pray? Breakfast, lunch, dinner, recess, before a test, at bedtime, in the morning?



YES

NO

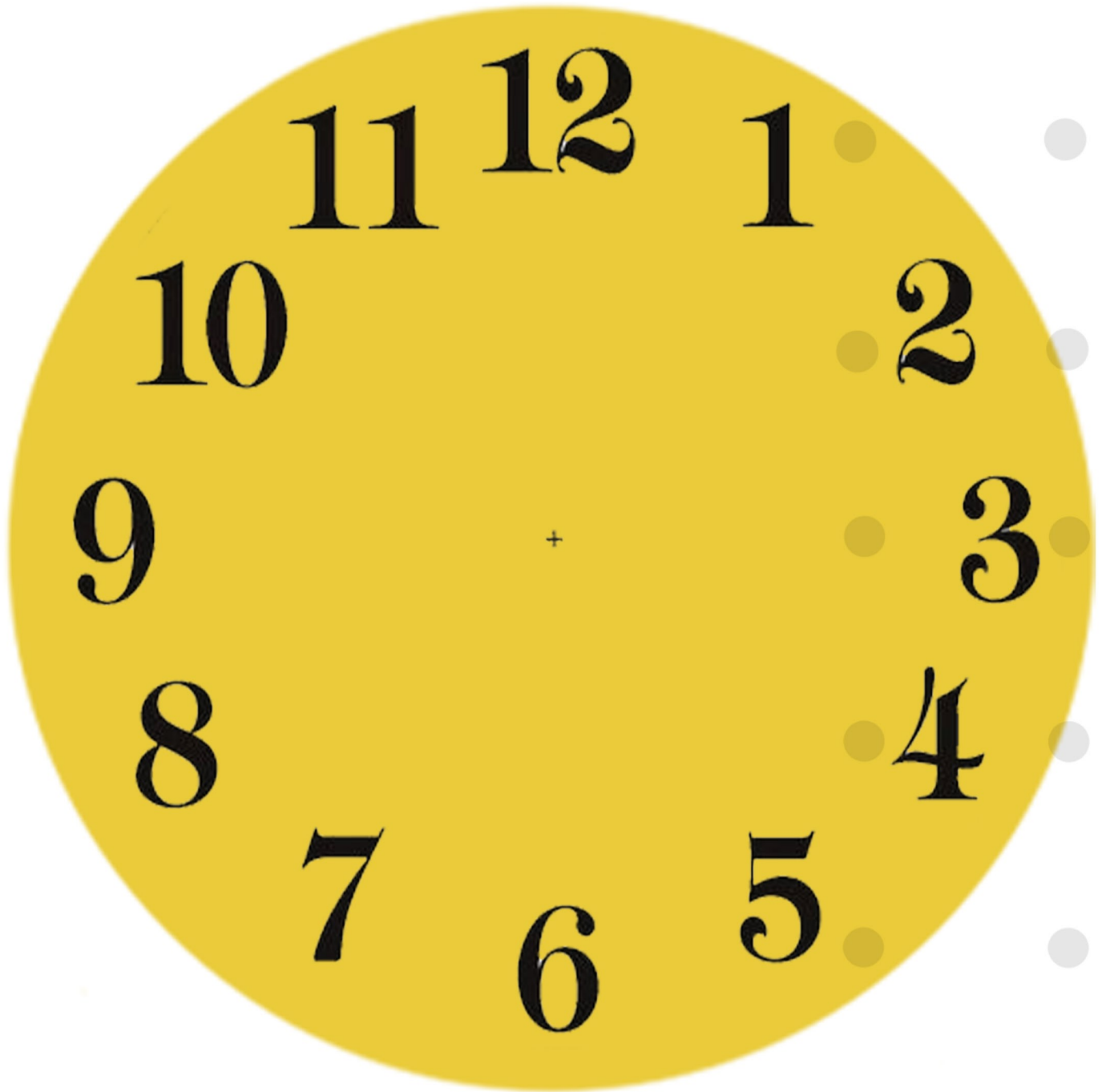
NOT YET

WHEN I WAKE UP

IN THE AFTERNOON

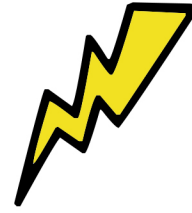
BEFORE I GO TO BED

USE A PENCIL AND FILL IN THE
TIME THAT YOU PRAYED TODAY!



THE LORD'S PRAYER

One day Jesus was praying in a certain place. When He finished, one of His disciples said to Him, "Lord teach us to pray..." **Luke 11:1**



**"Our Father, which art in Heaven, hallowed be thy Name.
Thy Kingdom come. Thy will be done in earth, as it is in
Heaven. Give us this day our daily bread. And forgive us our
trespasses, as we forgive them that trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the Kingdom, the power, and the glory, forever
and ever. AMEN!"**

WRITE YOUR PRAYER HERE:



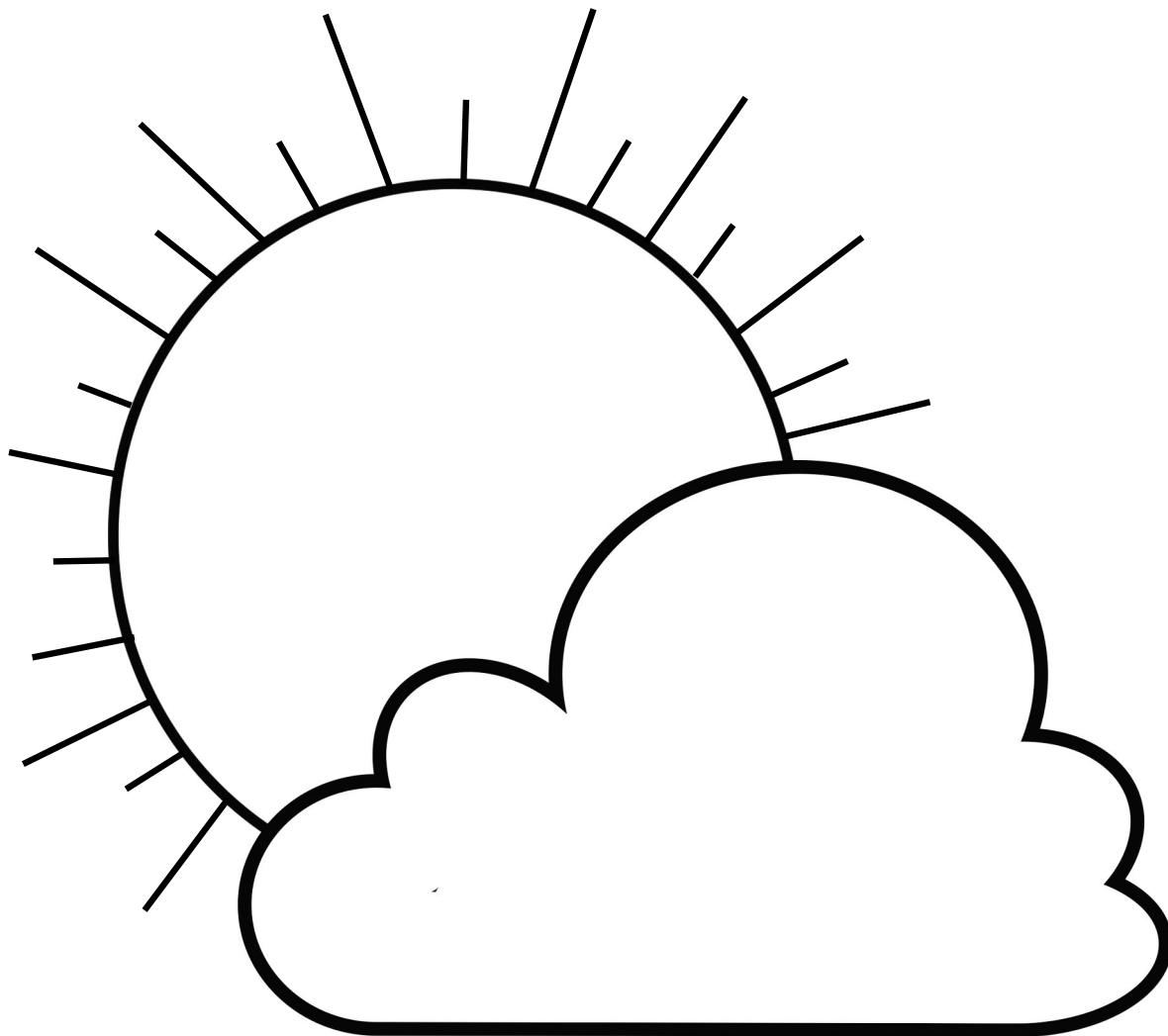
Eight horizontal black lines provided for writing a prayer.



IN JESUS NAME - AMEN



“ OUR FATHER
IN HEAVEN...”



**CONNECT WITH GOD. HE IS
YOUR LOVING FATHER.**

HALLOWED BE YOUR NAME

J E S U S

WRITE THE NAMES OF JESUS!

HEALER
PROTECTOR
KING

PROVIDER
BANNER OF VICTORY

WORSHIP HIS NAME

GOD'S NAME IS A PLACE OF
PROTECTION GOOD PEOPLE CAN RUN
THERE AND BE SAFE. PROVERBS 28:30

● **“... YOUR KINGDOM COME,
YOUR WILL BE DONE.
ON EARTH AS IT IS IN HEAVEN...”**



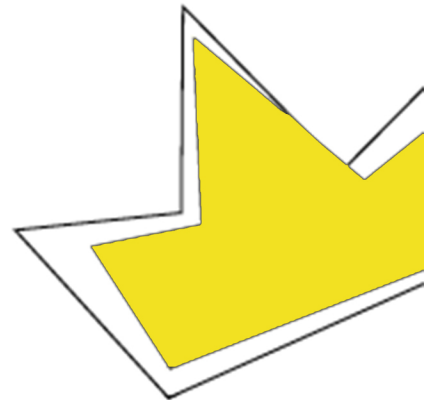
WHAT PEOPLE IN YOUR WORLD CAN YOU PRAY FOR?

FAMILY:



CHURCH:

SCHOOL:



“ G I V E U S
T H I S D A Y
O U R D A I L Y
B R E A D . . . ”



ASK GOD FOR WHAT YOU NEED, AND THEN TRUST HIM TO
PROVIDE FOR YOU.

I LOOK UP TO THE MOUNTAINS - DOES MY HELP COME FROM
THERE? MY HELP COMES FROM THE LORD, WHO MADE
HEAVEN AND EARTH!

- PSALMS 121:1-2

WHAT ARE YOU TRUSTING GOD FOR?

WRITE OR DRAW SOME THINGS YOU NEED GOD TO HELP YOU TRUST HIM



**“ AND DO NOT LEAD US INTO
TEMPTATION, BUT DELIVER US
FROM THE EVIL ONE...”**



**REPLACE ANY LIE THAT THE ENEMY HAS TOLD YOU
WITH THE TRUTH OF GOD'S WORD.**

**“FOR OUR STRUGGLE IS NOT AGAINST FLESH AND BLOOD, BUT
AGAINST THE RULERS, AGAINST THE AUTHORITIES, AGAINST THE
POWER OF THIS DARK WORLD AND AGAINST THE SPIRITUAL FORCES
OF EVIL IN THE HEAVENLY REALMS.”**

EPHESIANS 6:12

God's word is truth.

Replace the lies that
you might have heard
with what God says is true.

LIE I HAVE HEARD

WHAT GOD SAYS IS TRUE

"I Am Mean."

I Can Be A Friend
Like Jesus.

"I Am Ugly."

I Am Fearfully And
Wonderfully Made.

"I Don't Have Friends."

Jesus Loves Me And
I Am Never Alone.

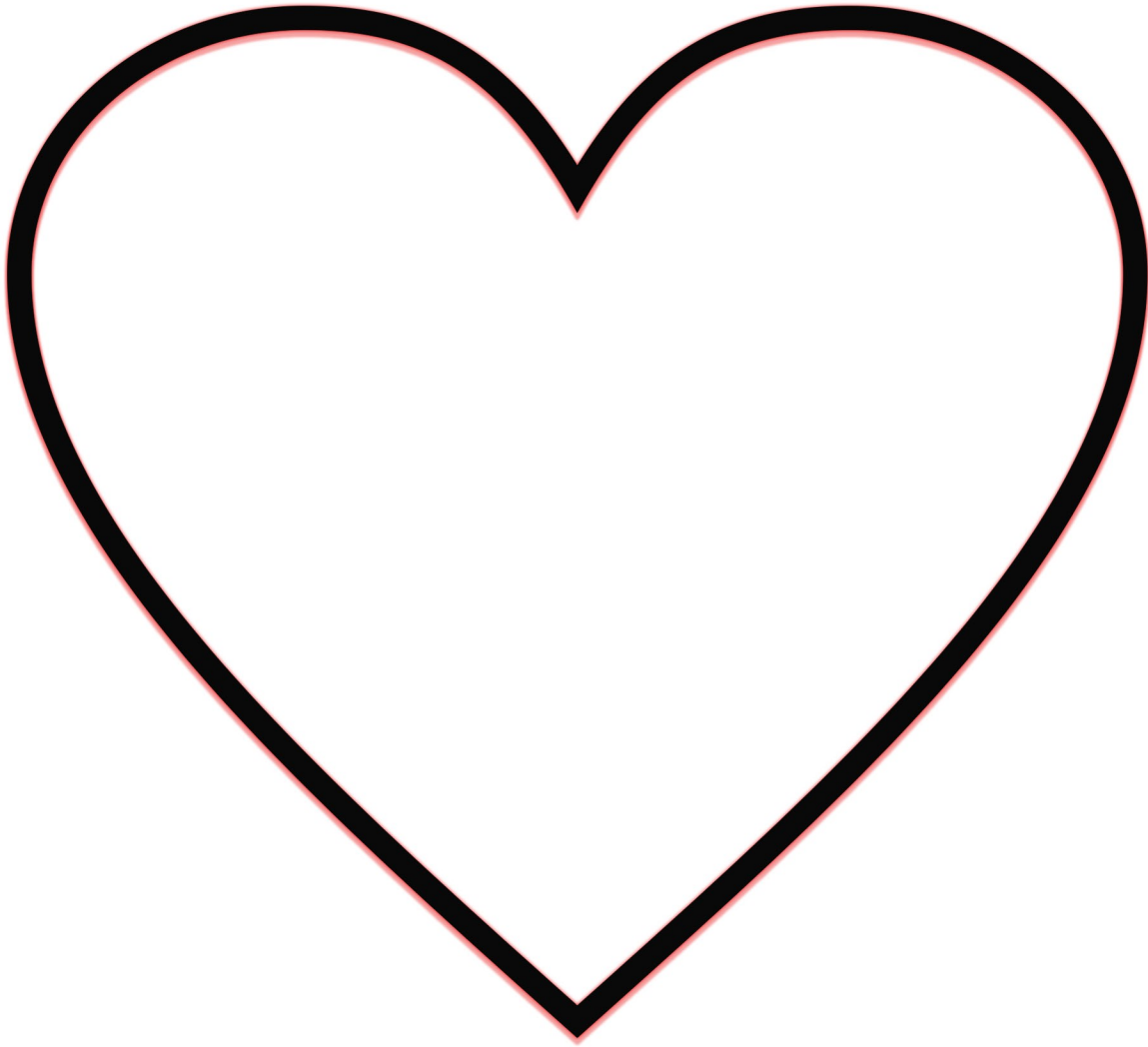
"If I Lie , I Won't
Get In Trouble."

I Can Tell The Truth
And Not Be Afraid.

"If I Do What's Wrong,
I'll Finally Fit In."

My Identity Comes
From Jesus.

“And Forgive Us Our
Debts, As We Forgive Our
Debtors...”



MAKE SURE YOUR HEART IS
RIGHT WITH GOD AND WITH
PEOPLE.

**“IF WE CONFESS OUR SINS,
HE IS FAITHFUL AND
JUST AND WILL FORGIVE
US OUR SINS AND PURIFY
US FROM ALL OUR SINS.
- JOHN 1:9**

**“ ...FOR YOURS IS
THE KINGDOM
AND POWER AND THE
GLORY FOREVER AMEN.”**



God can do anything (believe it)

*Oh, sovereign Lord, you have made the heavens
and the earth by your great power and
outstretched arm. Nothing is too hard for you.
(Jeremiah 32:17)*

TELL JESUS HOW GREAT HE IS!



A jump start to praying this way is below. Fill in the blanks and add your own praise and worship as you talk to Jesus about how GREAT He is!

READ THESE SCRIPTURES

WITH YOUR FAMILY!

Dear Jesus,

I LOVE YOU SO MUCH!

1. THANK YOU FOR _____

(Psalm 100:4, 118:24)

2. I LOVE THAT YOU _____

3. I'M GLAD THAT YOU _____

4. GOD YOU MADE ME. THANK YOU FOR MY ABILITY TO _____

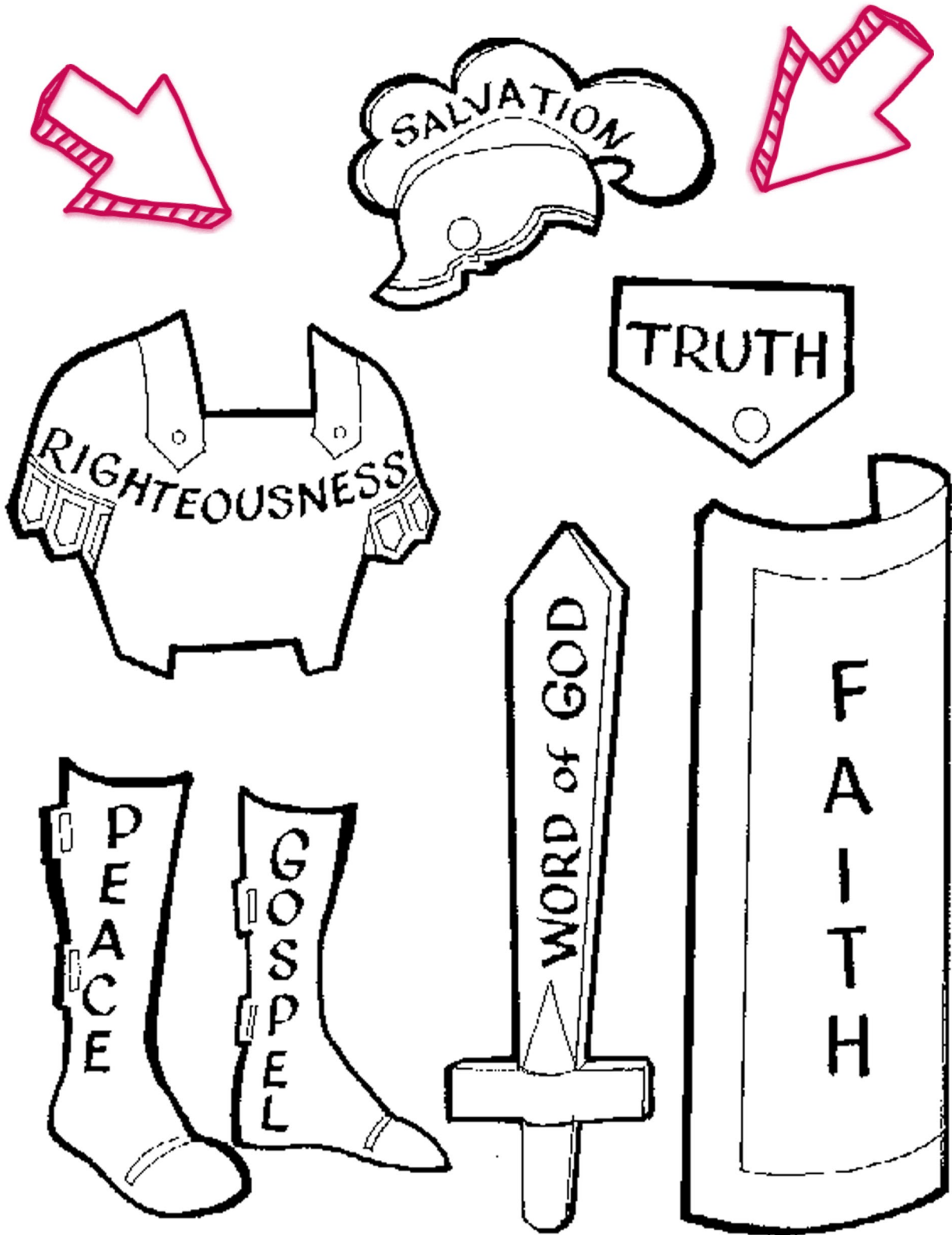
(MARK 12:30)

YOU LOVE ME FOR WHO I AM! THANK YOU FOR BEING MY GOD AND MY FRIEND! I LOVE YOU!

IN JESUS NAME - AMEN



ARMOR OF GOD
ARMOR OF GOD
ARMOR OF GOD



PRAYERS FOR WHEN I NEED HELP

Pray through the armor of God.

Read Ephesians 6:11-18 and then say a prayer to God like the one on the next page to put on your armor!

“Put on the full armor of God, so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people.”

Ephesians 6:11-18



ARMOR OF GOD WORD SEARCH

D R O W S R B C J P E A C E S
B R E A S T P L A T E N E H T
S N O I T A T P M E T O L T A
B A T T L E S S P C W I B U N
B R L S T H P N E P O T I R D
B E O H H I E T S R H A B T F
B G G M R O O L R A A V L P X
W I O I R R E P M Y D L S S K
F G T A P A H S G E W A W X E
D L E I H S W E A R T S I J D

ARMOR

BATTLE

BELT

BIBLE

BREASTPLATE

FIGHT

HELMET

PEACE

PRAYER

PROTECT

SALVATION

SPIRIT

SHIELD

SHOES

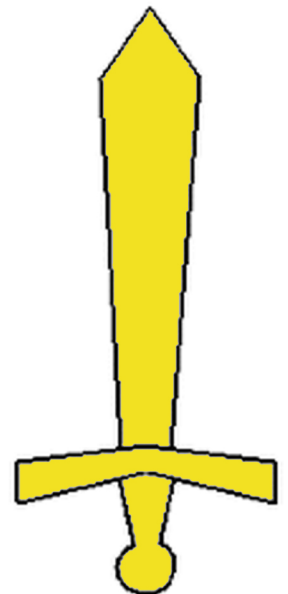
STAND

SWORD

TEMPTATIONS

TRUTH

WEAR



PRAYERS FOR PROTECTION

JESUS ALWAYS WANTS TO KEEP US SAFE BECAUSE HE LOVES US. THERE ARE THREE GREAT THINGS WE CAN USE TO PROTECT OURSELVES!



WRITE A PRAYER FOR YOUR FAMILY & SCHOOL!

1. THE NAME OF JESUS

Jesus tells us that He will protect us and keep us. He will cover us and our family! The BIBLE says that the Name of the Lord is a strong tower that we can run to!

2. THE COVERING OF THE BLOOD OF JESUS

When Jesus died on the cross for us. His precious blood was shed. That blood saved us. It washed our sins away! (Just like baptism does!)

3. THE WORD OF GOD (BIBLE)

The BIBLE is full of prayers of protection. It is such a powerful weapon against the enemy. We can pray God's Word over us and our family! Psalm 91 is great scripture over protection. Read those with your family out LOUD

PRAYERS FOR OTHERS

I URGE, THEN, FIRST OF ALL, THAT PETITIONS, PRAYERS, INTERCESSION AND THANKSGIVING BE MADE FOR ALL PEOPLE. FOR KINGS AND ALL THOSE IN AUTHORITY, THAT WE MAY LIVE PEACEFUL AND QUIET LIVES IN ALL GODLINESS AND HOLINESS. THIS IS GOOD, AND PLEASES GOD OUR SAVIOR, WHO WANTS ALL PEOPLE TO BE SAVED AND TO COME TO A KNOWLEDGE OF THE TRUTH.

1 TIMOTHY 2:1-4

FILL IN THE LIST BELOW WITH NAMES OF THOSE IN EACH CATEGORY THAT YOU CAN BE PRAYING FOR.

MY GOVERNMENT

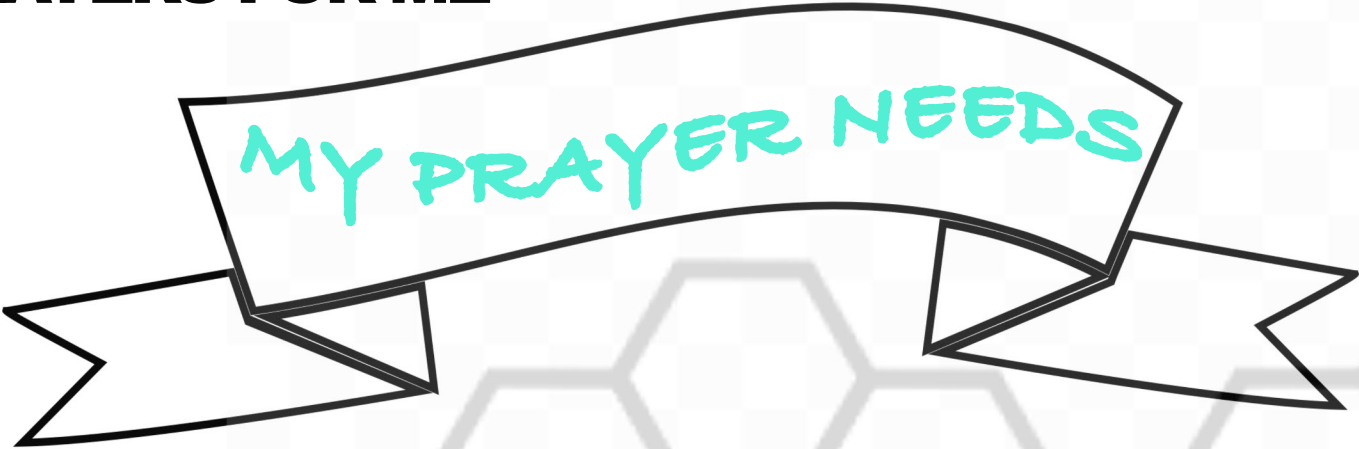
MY CHURCH

MY SCHOOL

MY FAMILY

MY FRIENDS

**PRAYERS FOR ME
PRAYERS FOR ME
PRAYERS FOR ME**



Eight thick, black horizontal lines are stacked vertically, providing a space for writing. The lines are evenly spaced and extend across most of the width of the page.

PRAYERS FOR WHEN I FEEL AFRAID.

*For God Has Not Given Us A Spirit Of Fear,
But of Power Love And Of A Sound Mind.
2 Timothy 1:7*



Jesus,

Today I pray against the spirit of fear.

**I command it to go by the authority that you
have given me by your name.**

**I ask that you would give me peace. Perfect
love that casts out fear, and complete
confidence in you.**

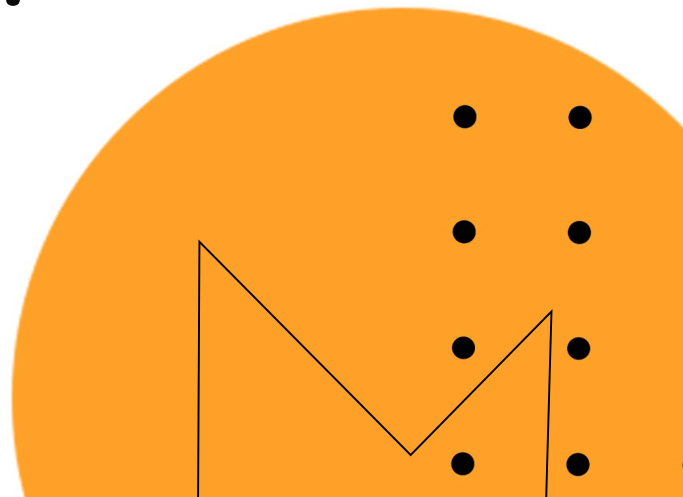
I am thankful that I don't have to be afraid.

Thank you for being in control.

Thank you for loving me.

In Jesus' name, amen.

**DO
NOT
BE
AFRAID**



**LIST BELOW WHAT YOU DON'T
NEED TO BE AFRAID OF AND
THE THINGS YOU CAN HAVE
PEACE ABOUT.**



A large black crosshair graphic consisting of a vertical line and a horizontal line intersecting at the center. The vertical line extends from the top of the horizontal line down to the bottom of the page. The horizontal line extends from the left edge of the page to the right edge of the page. The top-left quadrant contains a gray circle with a diagonal slash through it, containing the word "FEAR" in red, serif, all-caps font. The top-right quadrant contains a black checkmark above the word "PEACE" in black, serif, all-caps font.

Give THANKS
to the
LORD,
for he is
GOOD

1 Chronicles 16:34

WHAT ARE YOU
THANKFUL FOR?



Dear Lord,

I am so thankful for you and all that you have given me. Today, I thank you for my family! I pray that you bless them and keep them. Thank you for waking me up and giving me a new day! Thank you for the food I get to eat. The clothes I get to wear, and the house I get to live in. Thank you for dying on the cross and saving me! I'm so thankful for you! I love you! (Psalm 96:1-2)



- **PRAYER AND SCRIPTURE FOR EVERY DAY**

My prayer list

Make a list of things you want to pray for every day

ASK JESUS TO LOOK INSIDE YOUR HEART

1. What do you need to ask for forgiveness about?
2. What do you need to forgive?

Once you have prayed, color in the sentences below.

I AM
FORGIVEN.

I CAN
FORGIVE.

MATCH WHO HE IS WITH WHAT HE CAN DO?

HEALER

**GOD IS ON MY SIDE AND
WILL FIGHT FOR ME.**

FRIEND

**GOD IS IN CHARGE AND
WANTS THE BEST FOR ME.**

PEACE

**I WILL CHOOSE JOY
BECAUSE
GOD IS MY JOY.**

FORGIVENESS

**HE IS MY HOPE FOR
EVERY SITUATION.**

LOVE

**HE FORGIVES ME FOR
ANYTHING I HAVE
DONE AND WILL DO.**

HOPE

**JESUS LOVES
ME THE MOST.**

JOY

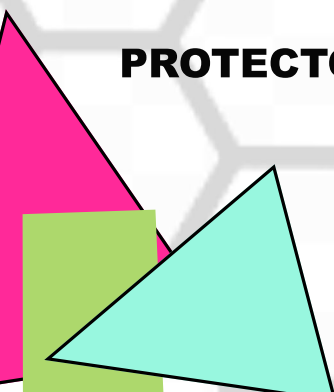
**HE BRINGS ME PEACE NO
MATTER WHAT I GO THROUGH.**

KING

HE IS ALWAYS WITH ME.

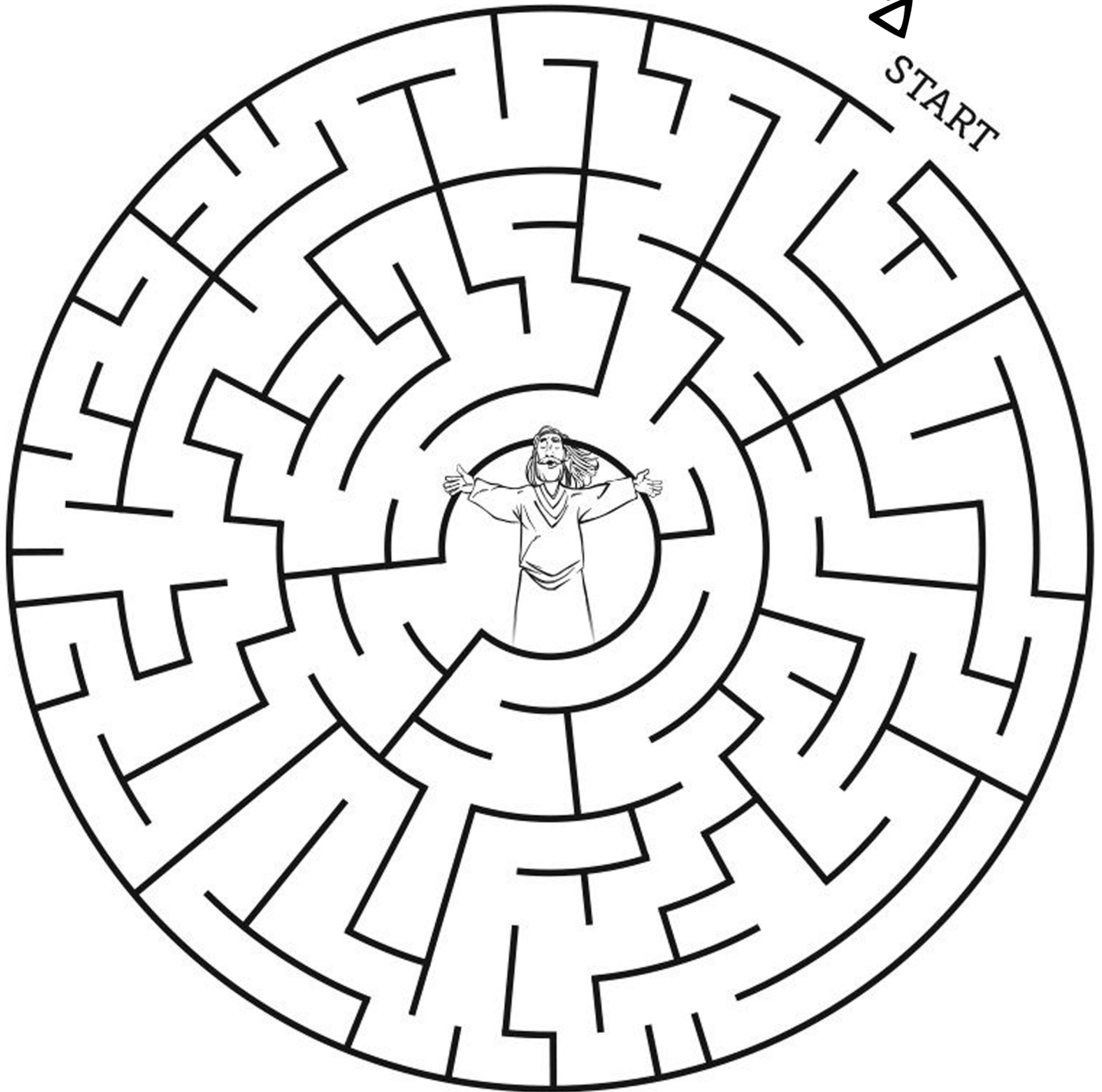
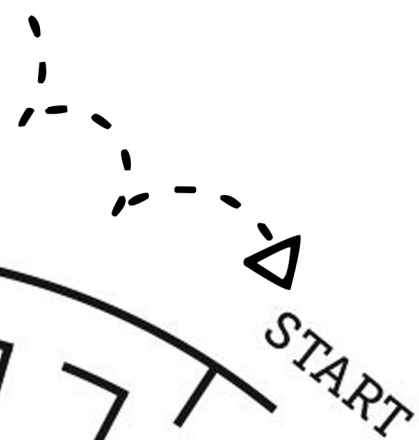
PROTECTOR

**GOD HEALS ALL
OUR DISEASES.**



HE ALWAYS HELPS US FIND OUR WAY!

Things may look like they may be a mess
and there is no way out! But Jesus is
always there for you! He loves you!



"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." John 16:33

**COLOR A PICTURE OF
SOMETHING YOU ARE
BELIEVING GOD FOR.**

My Prayer Journal

My Prayer Journal

My Prayer Journal

My Prayer Journal
