

## **OBJECT LESSON OR KIDS SERMON**

## **ITEMS NEEDED:**

Thank you notes Pen

How do you write a thank you note? Let's say I had a birthday and someone gave me a gift card for Amazon. Does anyone know what I would say in my thank you note?

Have the kids give suggestions on what to say.

Sounds like some of you have experience writing thank you notes. How many of you have written thank yous before?

God wants us to be thankful as well. God has given us every good thing we have – from the air we breathe to our families to the wonders of nature. We need to be thankful in the good times when God has answered our prayers and given us blessings. We also need to be thankful in the bad times. When nothing is going right and we feel sad, being thankful can lift our spirits and remind us of all the good things God has done.

God wants us to pray every day. Whenever you pray, start with a word of thanks. Thank God for the big things in life, and the little things. Thank him when you are happy, but also count your blessings when you are sad.