

# When my people **pray.**



21 DAYS OF PRAYER & FASTING

Something is stirring.

Not on the surface, but deep within. This is more than a Bible study. It's a reshaping of our hearts from the inside out. It is a holy awakening that calls us beyond routine prayers and into a deeper, more intentional life with God.

Prayer is not just something we do; it is the place where we are formed. God is drawing us to lay down distractions, realign our hearts, and commit fully to His presence. This is a call to fellowship, depth, devotion, and a faith that is no longer passive, but fully awake.

In every moment, every decision, every season...pray first. Because prayer doesn't just change things; it changes us.

*This is a movement.*

# Dear Life City family,



There are seasons in the life of a church when God invites us to pause; not to slow our mission, but to deepen our foundation. We believe we are standing in one of those moments.

This is not just another season of prayer. ***It is a movement.***

Over the coming days, we are stepping into a journey called When My People Pray. This is not about adding one more thing to already full lives. It is about allowing God to reshape us from the inside out by our faith, our devotion, our rhythms, and our focus.

We sense the Lord calling us into not just a louder faith, but a deeper one. A faith that is anchored, steady, and rooted in His presence. A faith that does not stop at personal growth, but overflows into love for others.

Prayer is the pathway for that kind of transformation.

Throughout this journey, we will be returning to reverence and remembering the weight and beauty of God's presence. We will be laying down what no longer serves our growth. We will be learning how to pray with endurance and trust. And ultimately, we will be shaped into a people who are poured out for the sake of others.

This is not about perfection. It is about positioning. It is about creating room for God to do the deep work only He can do.

Our prayer is that this *movement* does not simply mark a season on the calendar, but a turning point in our lives as a church. That we would become a people who do not just pray occasionally, but live from a place of devotion. A people who are formed by the power of prayer and sent by love.

We invite you to walk this journey with us; not rushed, not pressured, but open, honest and expectant. God is faithful to meet His people when they seek Him.

Let's do this as a church family, a chosen generation, and people who are called by His Name. When His people pray, heaven responds, hearts are reshaped, and God moves in ways only He can.

This is our moment. This is our calling. Let's pray.

With expectation and love,

Pastor Tim & Laurisa

When my people  
**pray.**

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Go here for more resources.  
[www.mylifecitychurch.org/21days](http://www.mylifecitychurch.org/21days)



# MOVEMENT I

*returning to depth & reverence*

*Reordering the Heart*

Before God reshapes what we do, He gently reshapes who we are. This movement invites us to slow down, restore reverence for God's presence, and return to prayer not as a habit, but as a relationship. It is an invitation to move from surface-level faith into deeper awareness, stillness, and hunger for more of Him.

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## MOVEMENT I

### DAY 1: DEEP CALLS TO DEEP

“Deep calls to deep at the roar of Your waterfalls; all Your breakers and Your waves have gone over me.”

— Psalm 42:7

#### Scripture to Go Deeper

Jeremiah 29:13

Psalm 63:1–4

Luke 10:38–42

#### Devotion

There is a depth in God that cannot be accessed through hurried faith. It is not unlocked by productivity, performance or spiritual effort, but by presence. Many believers sincerely love the Lord, yet their lives have slowly filled with noise: good responsibilities, faithful service, necessary commitments until that time with the Lord quietly moves to the margins.

“Deep calls to deep” is an invitation. God is drawing us beyond surface-level living into a place where His presence steadies us and reshapes us. Prayer was never meant to be rushed or efficient but it was meant to be relational and transformative.

Maturity begins when we recognize that prayer is not simply something we do for God, but a place where God forms us. In His presence, our hearts slow, our desires realign, and our faith becomes anchored rather than anxious. This journey begins not with striving, but with hunger.

#### Prayer Focus

Slow yourself before the Lord today. Sit quietly without rushing to speak. Invite God to awaken a deeper hunger for His presence and not for answers or outcomes, but for closeness with Him. Allow yourself to linger, trusting that He meets those who seek Him.

**MOVEMENT I**  
**DAY 2: THE WEIGHT OF HIS PRESENCE**

*“Who may ascend the mountain of the Lord? Who may stand in His holy place? The one who has clean hands and a pure heart.”*

— Psalm 24:3–4

### **Scripture to Go Deeper**

Isaiah 6:1–8

Exodus 3:1–6

Ecclesiastes 5:1–2

Hebrews 12:28–29

### **Devotion**

Reverence is not about distance from God but it is about awareness of who He is. Scripture shows us again and again that when people truly encountered the presence of God, they did not leave unchanged. Not because God was harsh, but because His holiness brings clarity, humility, and alignment.

Over time, familiarity can dull reverence. We still believe, still worship, still serve but the weight of His presence is no longer felt in the same way. Holy things can become common if we are not careful. Yet God has not become less holy, less near, or less worthy of awe.

Reverence does not mean fear or perfection. It means approaching God with attentiveness, humility, and openness. It means slowing our pace, quieting our hearts, and recognizing that prayer is joining a conversation. It is sacred communion. When reverence is restored, devotion deepens naturally. Hearts soften. Listening replaces rushing.

God is not asking us to be more impressive. He is inviting us to be more aware. When His presence becomes weighty again, our lives begin to reorder, not through pressure, but through love.

### **Prayer Focus**

Today, approach God with intentional awareness. Acknowledge His holiness and His nearness at the same time. Ask Him to gently restore reverence in your heart. Where familiarity may have replaced awe, and routine may have replaced attentiveness. Sit quietly before Him, honoring His presence without rushing past it.

MOVEMENT I  
DAY 3: LEARNING TO BE STILL AGAIN

*“Be still, and know that I am God.”*

— Psalm 46:10

**Scripture to Go Deeper**

Mark 1:35

Lamentations 3:25–26

John 15:4

**Devotion**

Stillness does not come naturally to us. We live in a world that rewards motion, reaction, and constant engagement, and silence can feel uncomfortable or even wasteful. Yet Scripture invites us into a different rhythm; one where knowing God begins not with activity, but with attentiveness.

When God calls us to be still, He is not asking us to disengage from life, but to trust Him within it. Stillness has a way of bringing hidden things to the surface, restlessness, anxiety, the pressure to stay productive. Yet it is also the place where we discover that God is present even when nothing is urgent or impressive.

Jesus often withdrew into quiet places, not to escape responsibility, but to remain grounded in the Father’s will. In stillness, prayer shifts from effort to awareness. We stop trying to manage outcomes and begin resting in God’s nearness. Over time, this quiet posture trains our hearts to recognize His presence not only in silence, but throughout the movement of everyday life.

Stillness is not something we perfect; it is something we practice. As we return to it again and again, our hearts become steadier, our listening clearer, and our trust more deeply rooted.

**Prayer Focus**

Create intentional stillness today. Set aside distractions and resist the urge to fill the silence. Simply acknowledge God’s presence and rest there. If anxious thoughts arise, gently surrender them back to Him and remain.

**MOVEMENT I**  
**DAY 4: A HOUSE BUILT ON PRAYER**

“My house will be called a house of prayer for all nations.”

— *Isaiah 56:7*

### **Scripture to Go Deeper**

Acts 2:42–47

Matthew 21:13

Colossians 3:16

### **Devotion**

Prayer was never meant to be an accessory of the church. Prayer is its foundation. When prayer becomes central, the church shifts from being a place of consumption to a community of formation. Hearts are shaped, unity is strengthened, and faith is deepened.

Reverence for God’s house is not about a building, but about honoring what God is doing among His people. A praying church is not marked by perfection, but by humility and dependence. When prayer leads, everything else finds its rightful place.

That same truth extends beyond the walls of the church and into our everyday lives. A house built on prayer begins at home, around kitchen tables, beside beds, in cars on the way to school, and in quiet moments when no one else is watching. Our homes become sacred spaces not because they are orderly or ideal, but because God is invited into them. When prayer is practiced in our homes, faith is modeled, peace is cultivated, and generations are shaped.

A praying home does not require long, polished prayers...only willing hearts. It is built through consistency, intentionality, and a shared dependence on God. As prayer becomes the foundation of our homes, it reinforces the strength of the church, creating a people who live what they believe and carry God’s presence wherever they go.

### **Prayer Focus**

Pray for the house of the Lord today, for its leaders, its people, and its mission. Ask God to deepen a culture of prayer within your church and within your own home. Invite Him to shape your posture from observer to participant.

## MOVEMENT I

### DAY 5: MAKING ROOM

*“This is what the Lord says: ‘Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls.’”*  
— Jeremiah 6:16

#### Scripture to Go Deeper

Psalm 16:11

Isaiah 30:15

John 15:4

Psalm 131:1–2

#### Devotion

Many of us long for rest, clarity, and renewal, yet we struggle to slow down long enough to receive them. Life fills up quickly with responsibilities, expectations, voices, and noise until prayer becomes one more thing we try to fit in rather than a place we learn to dwell.

God’s invitation has always been gentle: stand, look, ask, and walk. There is no rush in His voice. No pressure to perform. Only an invitation to return to a way of living that brings rest to the soul. Prayer becomes the space where we notice what has crowded our hearts and where we begin to make room again.

Making room for God does not require dramatic change. It often begins with small, quiet decisions to pause before reacting, to listen before speaking, to sit without filling the silence. In these moments, prayer shifts from effort to awareness. We begin to recognize where God is already present and where He is inviting us to trust Him more fully.

When we make room for God, rest follows not because life becomes easy, but because our hearts become aligned. This is where depth begins: not by adding more, but by creating space for what truly matters.

#### Prayer Focus

Today, ask the Lord to help you notice what fills your inner life. Bring your pace, your thoughts, and your expectations before Him. Invite God to show you where He is gently asking you to slow down, release pressure, or create space for His presence. Sit with Him and allow rest to take shape within you, trusting that He leads with kindness.

# MOVEMENT II

## *laying things down*

Devotion That Creates Room

Growth requires space. In this movement, we are invited to lay down distractions, control, overwhelm, and divided priorities; not out of pressure, but out of trust. Surrender is not loss; it is freedom. As we release what weighs us down, we create room for God to do a deeper work within us.

- **Day 6:** Altars Still Require Sacrifice
- **Day 7:** The Cost of Distraction
- **Day 8:** From Control to Trust
- **Day 9:** Breaking the Cycle of Overwhelm
- **Day 10:** Undivided Hearts
- **Day 11:** Selah; Noticing What Has Shifted

## MOVEMENT II

### DAY 6: ALTARS STILL REQUIRE SACRIFICE

*“Present your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.”*

— Romans 12:1

#### Scripture to Go Deeper

Genesis 22:1–14

Psalm 51:16–17

Luke 9:23

#### Devotion

There comes a moment in every spiritual journey when we realize that growth requires honesty. The kind that brings what we are carrying into the light. Prayer creates a place where we can come just as we are and acknowledge what has been weighing on our hearts.

Throughout Scripture, altars were places where people met God in sincerity. They did not come with polished offerings or perfect obedience, but with willingness. What they placed before God mattered to them, and that is what made the moment sacred. Surrender was never about loss; it was about trust.

In our lives today, sacrifice often looks quieter and more personal. It may be releasing habits that once brought comfort, expectations that have shaped our decisions, or ways of coping that now leave us weary. Prayer gently reveals these tendencies not to pressure us, but to invite freedom and healing.

God does not rush surrender, nor does He demand it all at once. He meets us patiently, honoring every step toward openness. When we place something before Him, we are not losing control, we are entrusting it to hands far steadier than our own. What we lay down becomes an avenue where God can work more fully.

#### Prayer Focus

Ask the Lord to reveal what He is inviting you to place on the altar, not out of pressure, but out of trust. Sit with Him and acknowledge any resistance you feel. Offer Him what you are holding tightly, believing that He meets surrender with grace.

## MOVEMENT II

### DAY 7: THE COST OF DISTRACTION

*“You will keep in perfect peace those whose minds are steadfast, because they trust in You.”*

— *Isaiah 26:3*

#### Scripture to Go Deeper

Luke 8:14

Psalm 119:37

Hebrews 12:1

#### Devotion

Distraction often enters our lives quietly. It rarely announces itself as harmful, and more often arrives wrapped in responsibility, good intentions, or full schedules. Over time, however, it fragments our attention and leaves our inner lives restless without us fully realizing why.

Prayer helps us notice where our focus has been pulled thin. Not with accusation, but with kindness. When our attention is scattered, peace becomes difficult to sustain. It isn't because we lack faith, but because our hearts are stretched in too many directions at once.

God's invitation is simple and gentle: return your attention. Release what competes for your awareness. As distractions loosen their grip, prayer becomes steadier and more impactful, creating room for clarity and calm to settle in again.

#### Prayer Focus

Invite God to reveal where distraction has crept into your life. Ask Him to help you identify what pulls your attention away from His presence. Gently surrender those areas back to Him, trusting that peace follows alignment.

## MOVEMENT II

### DAY 8: FROM CONTROL TO TRUST

*“Trust in the Lord with all your heart and lean not on your own understanding.”*

— Proverbs 3:5

#### Scripture to Go Deeper

Psalm 37:5

Matthew 6:25–34

Isaiah 55:8–9

#### Devotion

Control often begins as a way to feel steady when life feels uncertain. When outcomes are unclear, we plan carefully, manage closely, and try to stay ahead of what might go wrong. These instincts are human, and prayer meets them with compassion rather than correction.

Over time, however, control can quietly become heavy. It keeps our minds busy and our hearts tense, always bracing for what comes next. Prayer allows us to recognize this tendency and to consider a different response, one that is grounded in trust.

Trust does not mean disengaging from responsibility; it means releasing the belief that everything depends on us. In prayer, we learn to name our fears honestly and place them into God’s care. As we do, peace begins to replace pressure, and our inner lives become less reactive and more settled.

God does not rush this process. He builds trust gently, meeting us where we are and inviting us forward step by step. Giving His guidance a chance to lead and His peace to take root.

#### Prayer Focus

Bring areas of control before the Lord today. Name them honestly. Ask God to help you release the need to manage outcomes and replace it with trust in His goodness. Sit with Him and allow peace to settle where anxiety once lived.

## MOVEMENT II

### DAY 9: BREAKING THE CYCLE OF OVERWHELM

*“Come to Me, all who are weary and burdened, and I will give you rest.”*

— Matthew 11:28

#### Scripture to Go Deeper

Psalm 55:22

Exodus 18:17–23

1 Peter 5:7

#### Devotion

Overwhelm often happens slowly. It begins with good intentions, showing up, helping out, staying responsible until the weight of it all settles quietly on our shoulders. Over time, what once felt manageable begins to feel heavy, and rest becomes difficult to find.

Prayer gives us an opportunity to acknowledge this honestly before God. Not with guilt, and not with self-criticism, but with awareness. It helps us recognize when we are carrying more than we were meant to hold and invites us to place those burdens back into God's care.

Jesus does not shame the weary; He invites them to come closer. In prayer, overwhelm weakens as we stop rehearsing everything that must be done and begin trusting God with what feels too much. Clarity follows not because life suddenly becomes simple, but because our hearts are no longer carrying the weight alone.

#### Prayer Focus

Come honestly before the Lord with your weariness today. Name the burdens you have been carrying. Ask God to show you what He is asking you to release. Receive His rest, trusting that He is gentle with the weary.

## MOVEMENT II

### DAY 10: UNDIVIDED HEARTS

*“Love the Lord your God with all your heart, with all your soul, and with all your strength.”*

— Deuteronomy 6:5

#### Scripture to Go Deeper

Psalm 86:11

James 4:8

Matthew 22:37

#### Devotion

A divided heart rarely happens all at once. It develops quietly as competing priorities, expectations, and concerns pull our attention in different directions. Over time, we find ourselves distracted, not because we lack love for God, but because our focus has been stretched thin.

Prayer gently gathers what feels scattered within us. It invites us to bring our full attention back to God, to be engaged in His presence. As our hearts are centered once again, clarity and peace begin to take shape.

An undivided heart is not a flawless one, it is an attentive one. When we return our focus to God, prayer becomes less fragmented and more effective in the work set before us.

#### Prayer Focus

Ask the Lord to reveal where your heart feels divided. Let God bring every thought into captivity.

**MOVEMENT II**  
**DAY 11: SELAH; NOTICING WHAT HAS SHIFTED**

*“Be still before the Lord and wait patiently for Him.”*

— Psalm 37:7

### **Scripture to Go Deeper**

Psalm 46:10

Habakkuk 2:20

Psalm 62:5–6

1 Kings 19:11–13

### **Devotion**

Sometimes the most important moments in prayer are not marked by words, but by awareness. A subtle shift in the heart and mind. A quiet realization. A sense that something is different, even if we cannot name it.

Over these days, you may have noticed prayer feeling less rushed. Or perhaps more honest. You may have become more aware of what you carry, what you release, or where you feel drawn to slow down. These are not small things. They are signs that God is already at work.

This day is an invitation to pause. Scripture often uses the word Selah as a moment to stop, to breathe, and to let what has been spoken settle into the heart. Prayer deepens when we allow time for reflection rather than constant movement.

God does not always speak loudly or dramatically. Often, He works and speaks in a whisper, with soft nudges, and growing awareness. Today is about honoring what has already begun. Before learning how to pray differently, we pause to recognize that prayer has already begun to shape us.

### **Prayer Focus**

Today is not about asking God to speak louder or move faster. It is about noticing what He has already been revealing. Set aside time to sit quietly before the Lord without an agenda. Reflect on these past days and pay attention to any shifts in your heart, your thoughts, or your pace.

Offer gratitude for the ways God has already been present, even if His work feels unfinished. Allow yourself to rest in the truth that He is faithful and still working.

# MOVEMENT III

## *maturing in prayer*

*Growing Steady, Rooted Faith*

Prayer is not only how we speak to God. It is how God forms us. This movement teaches us how to remain faithful when prayers feel unanswered, when God seems silent, and when growth feels slow. Mature prayer produces steady faith, endurance, and trust that is rooted beyond circumstances.

- **Day 12:** When God Is Silent
- **Day 13:** Learning to Listen
- **Day 14:** Praying with Endurance
- **Day 15:** Rooted, Not Rushed
- **Day 16:** Faith That Doesn't Quit

## MOVEMENT III

### DAY 12: WHEN GOD IS SILENT

*“I wait for the Lord, my whole being waits, and in His word I put my hope.”*

— Psalm 130:5

#### Scripture to Go Deeper

Habakkuk 2:1

Psalm 62:1–2

Lamentations 3:31–33

#### Devotion

There are seasons when prayer feels quiet. Not empty, but unresolved. Not distant, but still. In these moments, it is easy to assume something is wrong, that we have missed God, or that our prayer is not as effective. Scripture shows us that silence is often a place where God is doing a deeper work.

Silence has a way of calling us to remain present without rushing to conclusions. It draws us away from measuring prayer by instant gratification and teaches us how to discern God’s work in the stillness. Prayer shifts us from seeking answers to learning trust.

God’s silence is not absence. It is often an invitation to remain, to listen beneath the noise of expectation, and to notice that His presence does not depend on constant affirmation. As we stay with Him in the silence, we begin to recognize that God is still near, still active, and still faithful.

#### Prayer Focus

Bring any areas of waiting before the Lord today. If you feel uncertainty or silence, acknowledge it honestly. Ask God to deepen your trust rather than rush the moment. Sit with hope, reminding yourself that waiting in God’s presence is never empty.

## MOVEMENT III

### DAY 13: LEARNING TO LISTEN

“Speak, Lord, for Your servant is *listening*.”

— 1 Samuel 3:10

#### Scripture to Go Deeper

John 10:27

Isaiah 30:21

James 1:19

#### Devotion

Prayer truly becomes powerful when we begin to listen. Not in a forced or strained way, but with openness and patience. Listening requires time, we often rush through an opportunity to hear God speak by filling prayer with words, explanations, or requests.

As we grow more attentive, we discover that God’s guidance is often gentle. It comes through Scripture that lingers, through whispers, or through a settled sense of direction rather than dramatic interruption. Listening teaches us to notice God’s leading not only in prayer, but throughout the rhythms of everyday life.

Learning to listen reshapes how we approach God. Prayer becomes less about managing the moment and more about fellowship. Over time, listening builds confidence, not in ourselves, but in God’s faithfulness to guide with care and wisdom.

#### Prayer Focus

Ask the Lord to help you listen today. Quiet your thoughts and invite His guidance. Ask God for wisdom and discernment as you learn to hear His voice more clearly.

## MOVEMENT III

### DAY 14: PRAYING WITH ENDURANCE

*“Then Jesus told His disciples a parable to show them that they should always pray and not give up.”*

— Luke 18:1

#### Scripture to Go Deeper

Colossians 4:2

Romans 12:12

Hebrews 10:36

#### Devotion

Not every prayer feels peaceful or reassuring. Some prayers are offered in uncertainty, waiting, or fatigue. These moments do not indicate failure; they require faithfulness. Staying when prayer feels difficult shapes something strong and lasting within us.

When prayer feels unresolved, we are tempted to withdraw or quit. Pursuing God even in resistance teaches us that prayer is not sustained by emotion or outcome, but by trust. Even repetitive or unfinished prayers carry weight when offered with willingness.

God honors those who stay. Not because they perform well, but because they remain open. As we continue showing up, prayer forms endurance. Creating a steady confidence that anchors us through every season.

#### Prayer Focus

Bring ongoing prayers before the Lord today. Ask God for strength to remain faithful without discouragement. Invite Him to renew hope and perseverance in your heart as you continue trusting Him.

## MOVEMENT III

### DAY 15: ROOTED, NOT RUSHED

*“So then, just as you received Christ Jesus as Lord, continue to live your lives in Him, rooted and built up in Him.”*

— Colossians 2:6–7

#### Scripture to Go Deeper

Psalm 1:1–3

Ephesians 3:16–19

John 15:7

#### Devotion

Prayer teaches us to slow down in a world that urges constant motion. It reminds us that depth is formed gradually, often beneath the surface, long before anything becomes visible. Growth that lasts is rarely hurried.

Being rooted means remaining connected to God through ordinary days, not only moments of intensity. Prayer is a steady rhythm rather than a reaction to crisis. As we stay rooted, our inner lives grow calmer and less reactive.

God is patient in His work. Prayer invites us to trust His timing, releasing the pressure to measure progress too quickly. What God builds slowly, He builds strong, forming strength that endures beyond seasons of change.

#### Prayer Focus

Ask the Lord to help you remain rooted rather than rushed. Invite Him to strengthen your inner life and deepen your connection to Him. Commit your growth to His timing, trusting that He is faithful to complete what He begins.

## MOVEMENT III

### DAY 16: FAITH THAT DOESN'T QUIT

*“Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.”*

— Galatians 6:9

#### Scripture to Go Deeper

Hebrews 12:11

James 5:7–8

Philippians 1:6

#### Devotion

There is a strength that forms when prayer becomes a place we return to, regardless of circumstance. Faith that remains is not loud or dramatic but steady, anchored, and deeply assured. It grows not from a constant confirmation, but from a willingness to keep coming back, even when answers are slow or unseen.

Over time, prayer reshapes our expectations. We begin to release the need for immediate resolution and learn to recognize God's presence in consistency and trust. Prayer becomes less about desired outcomes and more about resting in the knowledge that God is faithful, attentive, and close.

Constant pursuit does not mean forcing belief or suppressing doubt. It means staying open and choosing God's presence over retreat. In this posture, prayer becomes a natural response rather than a last resort. We discover that faith is often strengthened not in moments of breakthrough, but in perseverance.

As we continue returning to God, faith takes root in ways we may not immediately recognize. What remains is not fragile or fleeting, but grounded in a confidence shaped over time, it is a confidence that God is at work, even when progress feels slow, and that His presence is constant, even when circumstances change.

#### Prayer Focus

Bring your weariness before the Lord today. Ask Him to renew your strength and restore your hope. Thank Him for His faithfulness and commit to continuing in trust, believing that growth is taking place even now.

# MOVEMENT IV

*a people poured out*

*Prayer That Reaches Beyond Ourselves*

Prayer that forms us will always move us outward. As God reshapes our hearts, our faith naturally overflows into love, service, and mission. This movement invites us to live as people who carry God's presence into our everyday lives.

- **Day 17:** Prayer That Carries Others
- **Day 18:** Posture of Servanthood
- **Day 19:** The Ministry in Your Hands
- **Day 20:** Responding to God's Leading
- **Day 21:** When His People Pray

## MOVEMENT IV

### DAY 17: PRAYER THAT CARRIES OTHERS

*“I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people.”*

— 1 Timothy 2:1

#### Scripture to Go Deeper

Ezekiel 22:30

Colossians 1:9–12

Romans 10:1

#### Devotion

Something begins to change when prayer no longer ends with us. As we spend time in God’s presence, our awareness gently widens. We begin to notice the people around us, their burdens, their stories, their needs. Prayer becomes less contained and more compassionate.

Carrying others in prayer does not mean fixing them or knowing what to say. It simply means holding them before God with care. Intercession forms a connection between our hearts and God’s heart, teaching us to see people through His lens of love.

As we pray for others, something happens within us as well. Compassion deepens. Judgment softens. Prayer expands our capacity to care. We learn that God often invites us to participate in His work by first allowing our hearts to be moved on behalf of others.

#### Prayer Focus

Ask the Lord to place specific people on your heart today. Pray for them intentionally, by name if possible. Go before God for their needs, struggles, and hopes. Trust Him to work in their lives and ask for compassion to grow within you.

## MOVEMENT IV

### DAY 18: POSTURE OF SERVANTHOOD

*“For even the Son of Man did not come to be served, but to serve.”*

— Mark 10:45

#### Scripture to Go Deeper

John 13:1–17

Philippians 2:3–8

Isaiah 6:8

#### Devotion

There comes a moment in prayer when our attention begins to shift outward. Not because we are striving to do more, but because our hearts are softened and discernment is increased. Prayer slowly forms a posture of servanthood. The willingness to respond when God invites us into action for others.

“Send me” is not a declaration of strength; it is a statement of availability. It reflects a heart that is attentive rather than ambitious, willing rather than driven. Prayer changes us to see that serving others is not about position. It is about showing up with humility and compassion where God places us.

As this mindset takes root, service becomes less about obligation and more about obedience. We begin to notice opportunities to love, to help, to listen, and to carry others with intention. Prayer shapes a heart of servanthood, trusting that God orders each step.

#### Prayer Focus

Ask God to reveal where your faith has become inward-focused. Invite Him to shape your heart toward service and availability. Offer yourself openly, trusting that He will guide you into places where His love needs to be shown.

## MOVEMENT IV

### DAY 19: THE MINISTRY IN YOUR HANDS

*“Each of you should use whatever gift you have received to serve others.”*

— 1 Peter 4:10

#### Scripture to Go Deeper

Romans 12:4–8

Matthew 25:35–40

Colossians 3:23–24

#### Devotion

Ministry often unfolds in the ordinary daily routines of life. It appears in conversations, acts of kindness, encouragement, and being present. Prayer heightens our awareness of these moments, helping us recognize where God is already moving around us.

When prayer leads, ministry flows naturally. We become less focused on outcomes and more aware to people. Rather than trying to manufacture impact, we respond to the needs placed directly in front of us. God works through what we offer, our time, our abilities, and our availability to bring encouragement and hope.

The ministry in your hands is shaped through faithfulness. As prayer continues to guide us, we learn that God multiplies what is given with sincerity and love. What begins as a simple act often carries far more significance than we can see.

#### Prayer Focus

Ask God to open your eyes to the opportunities around you. Invite Him to reveal where He is already working and how you can participate. Be willing to give your gifts and time with humility, trusting that He multiplies what is given.

## MOVEMENT IV

### DAY 20: RESPONDING TO GOD'S LEADING

*"Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, 'This is the way; walk in it.'*

— Isaiah 30:21

#### Scripture to Go Deeper

Psalm 25:4–5

Proverbs 3:5–6

John 10:27

#### Devotion

As prayer becomes a steady influence in our lives, we begin to notice something subtle but important: we see more. More aware. More responsive. Prayer trains our hearts and spirits to recognize when God is prompting us toward love, courage, or compassion in ordinary moments.

Responding to God's leading does not require knowledge. It begins with obedience and faith to take the next small step. Often, God's guidance does not arrive as a clear plan, but as a gentle nudge, a sense to reach out, to speak, to stay, or to act.

Prayer creates an avenue for this kind of responsiveness. As we remain open, we learn to trust that God leads patiently and faithfully. We are not expected to have everything figured out. We are simply invited to notice, to listen, and to respond as He guides.

Over time, this becomes more a part of our new nature. Prayer shapes us into people who move with awareness rather than urgency, trusting that God is present in each step and faithful to lead us forward.

#### Prayer Focus

Today, come before God with humility and patience rather than urgency. Ask Him to help you become more aware of His leading in the ordinary moments of your day. Pay attention to gentle nudges, whispers, or moments where love, courage, or compassion are invited.

You do not need to resolve anything today. Simply notice. Ask God for a heart that listens and a willingness to respond when He guides. Rest in the assurance that He leads patiently and faithfully, one step at a time.

## MOVEMENT IV

### DAY 21: WHEN MY PEOPLE PRAY

*“If My people, who are called by My name, will humble themselves and pray... then I will hear from heaven.”*

— 2 Chronicles 7:14

#### Scripture to Go Deeper

Acts 4:31

Matthew 28:18–20

Colossians 4:2–6

#### Devotion

There are moments when we realize something has changed, not because everything looks different, but because we are different. Prayer has a way of reshaping us, often without announcement. Over these days, hearts have softened. Pace has slowed. Discernment has deepened. God has been near.

Some of us came weary. Some distracted. Some unsure how to pray at all. And yet, God met us in His presence. He met us in stillness, in honesty, in surrender, and in faithfulness. Prayer taught us how to stay, how to listen, and how to carry others with compassion.

When God’s people pray, lives are not simply improved, they are reordered. We begin to see differently. Love expands. Courage grows. Prayer forms us into people who notice, who respond, who remain available to God’s movement in everyday life.

This is not the end of a journey. It is the beginning of a way of living. Prayer will continue to shape how we show up, how we love, and how we serve. What God has begun, He is faithful to continue.

#### Prayer Focus

Thank God for the work He has done in your heart during this journey. Ask Him to help you continue in these on a daily basis. Let your prayer life lead you into His presence as an ongoing response to what every day holds.



# *When my people* **pray.**

This is not simply the closing of a study. It is the beginning of a movement. What God has stirred in us was never meant to stay contained within these pages or these moments. This is our time. A generation awakened, a church aligned, a people ready to make an impact.

We are not called to be silent observers, but bold carriers of His presence into our city and into the world. When His people pray, heaven responds. Strongholds break. Hearts turn. Mountains move. What once seemed immovable begins to shift.

This movement is built on unity, fueled by faith, and marked by obedience. It reaches beyond walls and routines and extends into homes, workplaces, schools, and streets. It is lived out daily through surrendered lives and courageous faith.

This is our moment to rise.

This is our call to reach our city.

This is our mandate to impact the world.

*This is a movement.*